

Action Plan: Goal Setting

I have written down my goals and identified steps I'll take to achieve them.

You need to know where you want to go in order to establish a plan for getting there. Take a moment to think about what you'd like to get out of **AARP Foundation Finances 50+**. Re-read what you wrote on page 10 about what's important to you and how improving your financial situation can benefit what matters most to you. Think about how improving your credit, managing your debt, and building your savings can help you get to where you want you to be. Use the following worksheet to start mapping out your plan for getting there.

WORKSHEET 1: GOAL SETTING

MY OVERALL FINANCIAL GOAL

Why it's important to me:

Sacrifices I may need to make:

People who will support me:

Realistic deadline for achieving this goal:

THINGS I CAN DO TO ACHIEVE MY OVERALL FINANCIAL GOAL

This week	This month	This year

MY CREDIT AND DEBT GOAL

Why it's important to me:

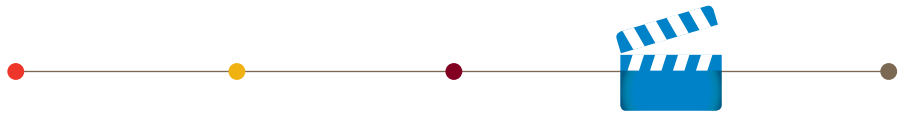
Sacrifices I may need to make:

People who will support me:

Realistic deadline for achieving this goal:

THINGS I CAN DO TO ACHIEVE MY CREDIT AND DEBT GOAL

This week	This month	This year



MY SAVINGS GOAL

Why it's important to me: _____

Sacrifices I may need to make: _____

People who will support me: _____

Realistic deadline for achieving this goal: _____

THINGS I CAN DO TO ACHIEVE MY SAVINGS GOAL

This week	This month	This year

Take a moment to reflect on what you took away from this section and how setting goals can help you improve your financial situation.

What I found interesting or useful:

What I learned about myself:

Things I can do to help me stick to my goals:

Consider using this information to inform the action steps you will take on your Road Map.